



## Monthly Newsletter October 2022

Winter is approaching and we have some reminders and upcoming events!

# EARLY BIRD MEMBERSHIP SALE 10% OFF

### Purchase your 2022-2023 Membership before December 1st!



Remember to purchase your membership before December 1st for 10% off! We have family, individual, student and senior memberships available so that everyone can enjoy Walden all winter long!

[Purchase Your Membership](#)

## Ski Swap

### SATURDAY NOVEMBER 12, 2022 - 9AM-1PM



## SKI SWAP

Bring your gently used equipment for resale or come try out some equipment!



As we prepare for winter, we want to remind you to ensure your ski gear is ready for the season. Walden is hosting the annual ski swap on **Saturday, November 12th, 2022, from 9AM until 1PM**. If you require equipment, there will be used skis in various sizes available, and if you have old equipment (skis, boots, poles) that are still in good shape, please bring it for resale! Buying used is a great way to save money and ensure your growing kids have the right-sized gear!

**To sell your equipment, you can drop it off at the chalet between 5PM and 9PM on Friday, November 11th, 2022.**

### Upcoming Events

- November 11, 2022 - Ski Swap Equipment Drop off 5PM-9PM
- November 12, 2022 - Join us for our Ski Swap at 9AM-1PM
- December 1, 2022 - Early Bird 10% Membership Sale Ends
- December 6, 8 & 17, 2022 - NCCP Community Coaching course
- January 2, 2023 - Woolly Hippo Race
- January 21-22, 2023 - Ontario Cup
- February 26, 2023 - Beaver Lake Loppet

## Looking for a Youth Programs Coordinator



### Responsibilities

- Manage Bunny, Jackrabbit, and Track Attack programs (8-9 week winter cross country ski programs January - March)

### Qualifications

- Complete the NCCP Introduction to Community Coaching (online) and Community Coaching certification (2 online sessions and 1 day on snow, Dec 17)

- Ability to cross-country ski at a minimum basic level

This is a great opportunity to become active in Sudbury's skiing community and grow your own skills as a coach and mentor. It will be an honorarium position.

Email [info@waldenxc.ca](mailto:info@waldenxc.ca) for more information.

## NCCP Community Coaching Course



The NCCP Community Coaching certification for jackrabbit leaders and youth programs is being offered at Walden Cross Country. It will consist of 2 online evening sessions Dec 6, and Dec 8, as well as an on snow day, Dec 17. Fees will be refunded to any participants who volunteer in the youth programs for Walden. Please note an Introduction to Community Coaching must be completed online before the Community Coaching course

This is a great opportunity to pick up some ideas and skills for working with young skiers.

Click below to register.

[Register For NCCP Community Coaching Course](#)

## Coach's Corner



### Youth Programs

Make sure to sign your kids up for Walden's Youth Programs! Skiing is a great way to stay active during the winter and also have fun. We offer a variety of programs for ages 4-15, and skiing is something you can do in all stages of life!



### Adult Lessons

At Walden, we also offer adult lessons, from beginner to intermediate in both classic and skate. This is a great way to socialize with other skiers and improve your technique!

Registration Coming Soon

[Program Information](#)



### Thank you to our volunteers!

Thanks to all of you who were out this fall getting the trails in shape for the winter; we greatly appreciate everything you do. Special thanks to the regular trail crew of Marty, John, Dave, Dave and Brent. Many hours of hard work happen every fall so that we can enjoy the ski season.

As a club, we would not be able to run any of our events without the support of our volunteers and board; contact [info@waldenxc.ca](mailto:info@waldenxc.ca) if you want to participate or earn some volunteer hours!

Our O-Cup is occurring **January 21-22, 2023**, and we are searching for volunteers. Please email [info@waldenxc.ca](mailto:info@waldenxc.ca) for more information.

[Visit Our Website](#)



Thank you to our sponsors & community partners!



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